Platform for Practice Activity: Exploring the relationship between a platform for practice and clinical demands

This activity assumes you or the colleague/supervisee/mentee you are supporting have/has already populated a platform for practice template. If you need a platform for practice template, you can download one from the resources and ideas section of The Permeable Practitioner Website where you will also find guidance about what to include in your platform for practice.

Now let's think about the clinical demands in a specified practice context:
Pick two to four clinical cases – include some straightforward and some less straightforward ones.

For each case, what dimensions of your platform for practice do you have to draw on to meet the practice demands? You might capture this by having one populated platform for practice template for each case and highlighting the dimensions of your platform which are most useful to you for that case.

As you compare these clinical scenarios with your platform for practice template, is there anything missing or surprising? Are there dimensions of your platform for practice which are especially relevant or particular strengths? Are there dimensions of your platform for practice that are a bit rusty or could do with strengthening a bit? What clinical demands do you feel most and least certain about? Are there things that you might need to add to your platform?

Using this activity to support individual professional learning or in supervision:
This activity can be done privately to support individual critical reflection and/or learning needs and subsequent professional development planning. You might use this activity and your findings to prepare for an appraisal or supervision. When shared in supervision, this exploration of an individual platform for practice in relation to day-to-day practice demands can provide a useful basis for supervisory conversations.

You might also do this activity with peers or across a team, comparing notes about the similarities and differences in your platforms for practice. Where can you support one another with professional development? Are there areas where you would benefit from team development? And so on.

Keep copies of your templates in your continuing professional development portfolio and consider capturing a critical reflection about the insights you have gathered from this activity – handy if you get called for portfolio audit by your professional body.